



# Aeroball

learnlink™

## About the activity

A cross between trampolining, basketball and volleyball - it's an exhilarating, high-energy sport. Four players learn the basics required - then spring into action! The aim is to get the ball in the opposing players net. As well as being lots of fun, your pupils will develop team tactics and improve communication skills along the way.

## Activity aims

### The aim of this activity is to:

- Introduce the game of aeroball and the necessary equipment.
- Allow each participant to experience aeroball.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

## Progression opportunities

### Some participants may also:

- Include alternative scoring methodology.
- Take part in recording of scores, timekeeping and refereeing.
- Have attempted to use different strategies to improve their game.
- Take the initiative in evaluating their performance and that of the group.
- Be able to assess risks and understand how these may be controlled.

### In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

## Learning outcomes

### Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood the rules of the game and why they need to be followed.
- An understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Associated vocabulary

### Words relevant to safety

e.g. hazard, personal protective equipment, risk assessment, safety area.

### Words relevant to equipment

e.g. quadrant, bed, ball, goal.

### Words relevant to the activity

e.g. bouncing, defending, keeping score, passing, possession, shooting, throwing, timing.

### Words relevant to teamwork

e.g. achievement, communication, encouragement, listening, participation, review, support, trust, tactics.