



All Aboard



About the activity

All aboard is all about building trust and strengthening peer relationships - at the top of a 6 metre pole! Teams of up to four pupils scale the pole to reach the small platform at the top. Balancing on the platform becomes more difficult as more team members arrive to share the space. The challenge is to cooperate and support each other. The task is complete when all four team members successfully stand together at the top of the pole.

Activity aims

The aim of this activity is to:

- Introduce the skill of climbing and the necessary equipment.
- Allow each participant to experience climbing and working together to achieve a common goal.
- Encourage the participants to set goals.
- Ensure participants support and encourage each other to achieve the team goals.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Improve the quality and consistency of their climbing technique.
- Support others to achieve together.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork
- Using initiative

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated an approved climbing technique to ascend safely under supervision.
- Used specialist equipment and PPE, understanding its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Increased their trust in their peers throughout the activity and recognised achievements together.
- An understanding of associated hazards, be able to assess risks and understand how these may be controlled.
- Contributed to a post-activity review led by the instructor, identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. hazard, personal protective equipment, risk assessment, safety area.
Words relevant to equipment	e.g. climbing rope, figure of eight, harness, helmet, karabiner, maillon, safety rope.
Words relevant to the activity	e.g. climb, teamwork, together, cooperate.
Words relevant to teamwork	e.g. achievement, challenge by choice, communication, encouragement, listening, participation, review, support, trust.