



# Archery

learnlink™

## About the activity

Our Archery sessions offer the chance for every pupil to experience success. Accuracy, control and a steady hand are vital for achieving the best results and many children discover a talent for a new skill. Handling bows and arrows may be a brand new experience for your group and presents a variety of new challenges! We encourage safety awareness from the outset and teach the basic skills on an indoor or outdoor range.

## Activity aims

### The aim of this activity is to:

- Recognise the hazards, assess the risk and understand how this risk will be controlled.
- Consolidate and improve the quality and consistency of their techniques.
- Evaluate abilities and to explain what needs improving in their own and other's techniques.
- Improve the way they control and co-ordinate their bodies with the equipment they will use.
- Recognise good quality in performance.
- Identify the underlying principles of skills and terms used in archery.

## Progression opportunities

### Some participants may also:

- Use a number of skills in order to improve accuracy during the session; participate in appropriate practices and warm-ups; identify and implement some ways to develop both individual and group performance.
- Employ effective skills in order to develop both individual and group accuracy; identify and employ skills that meet the needs of the given situation; use range rules effectively at all times; identify suitable methods of review in order to identify individual and group strengths and weaknesses.

### In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

## Learning outcomes

### Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood the rules of the game and why they need to be followed.
- An understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Associated vocabulary

### Words relevant to safety

e.g. brace, safety calls, shooting line.

### Words relevant to equipment

e.g. arrow, bow, boss, bracer, cock fletching, fletching, nock, nocking point, pile, quiver string, target.

### Words relevant to the activity

e.g. aim, accuracy, co-ordination, discipline, eye dominance, grouping, history, range, retrieve, scoring, sport, technique.

### Words relevant to teamwork

e.g. achievement, communication, encouragement, listening, participation, review, support, trust, tactics.