



Beach Games

learnlink™

About the activity

The beach is a wonderful place to spend some time – and we'll make sure you have plenty of opportunities to make the most of it while you're with us at any of our stunning coastal centres. Get out into the fresh sea air, get to know each other, develop team and communication skills as you make the most of the outdoors with a whole variety of team games and ball sports on the beach.

Activity aims

The aim of this activity is to:

- Introduce teamwork within structured games.
- Allow each participant to experience the beach games.
- Encourage the participants to communicate and work together.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Improve the quality and consistency of their communication and teamwork.
- Improve hand eye coordination and agility skills.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork
- Using initiative

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated an approved teamwork.
- Worked competitively as an individual and within a team
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. risk assessment, safety area, using equipment correctly.
Words relevant to equipment	e.g. team games, bat and ball, bibs, boundaries.
Words relevant to the activity	e.g. wide games, team games, competition.
Words relevant to teamwork	e.g. achievement, challenge by choice, communication, encouragement, listening, participation, review, support, trust.