



# Blokarting

learnlink™

## About the activity

An activity exclusive to our surfing centre, Beam House, on the North Devon coast, Blokarting originated in New Zealand and is best described as a kind of land-based windsurfing. Blokarts are small, fast and easy to manoeuvre which makes them ideal for land sailing in relatively small spaces – and also ideal for beginners. It's an exhilarating and satisfying beach-based activity that your pupils are sure to love!

## Activity aims

### The aim of this activity is to:

- Introduce the skill of Blokarting and the necessary equipment.
- Allow each participant to experience Blokarting.
- Encourage the participants to set goals.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

## Progression opportunities

### Some participants may also:

- Improve the quality and consistency of their Blokarting technique.
- Take the initiative in evaluating their performance and that of the group.

### In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork
- Using initiative

## Learning outcomes

### Upon completion of the activity, participants will have:

- Demonstrated Blokart manoeuvring techniques to navigate around a course under supervision.
- Used specialist equipment and PPE, understanding its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- An understanding of associated hazards, be able to assess risks and understand how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Associated vocabulary

<b>Words relevant to safety</b>	e.g. hazard, personal protective equipment, risk assessment, safety area.
<b>Words relevant to equipment</b>	e.g. Blowkart, beach, helmet.
<b>Words relevant to the activity</b>	e.g. Blowkart, land sailing, beach, land-based windsurfing, fast.
<b>Words relevant to teamwork</b>	e.g. achievement, challenge by choice, communication, encouragement, listening, participation, review, support.