



First Aid

learnlink™

About the activity

First aid is an important life skill with obvious practical implementation. If you choose to include first aid as part of your course, it will be taught in place of an activity session. We will teach your pupils practical first aid procedures and consolidate their learning with engaging role-play scenarios.

Activity aims

The aim of this activity is to:

- Introduce the skills of first aid.
- Allow each participant to experience dealing with first aid situations.
- Encourage the participants to set goals.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Improve the quality and consistency of their first aid techniques.
- Take the initiative in evaluating their performance and that of the group.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Using initiative

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated approved first aid techniques.
- Dealt with a first aid scenario in role play.
- Demonstrated the ability to listen to, understand and act on instructions received.
- An understanding of associated hazards, be able to assess risks and understand how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety

e.g. first aid kit, safety area.

Words relevant to equipment

e.g. first aid kit, bandage, sling, plaster, CPR dummy.

Words relevant to the activity

e.g. first aid, role play, life skills, practice, emergency scenarios.

Words relevant to teamwork

e.g. achievement, challenge by choice, communication, encouragement, listening, participation, review, support.