



Giant Swing

learnlink™

About the activity

The ultimate test of nerve and joint decision-making. Two of your students are harnessed into the swing, while other members of the group haul them up to 10 metres into the air. After the pair in the swing decide together how high they want to go, a pull on the ripcord will send them plummeting earthward. It's a fast and exhilarating drop, but good communication will get the right balance between fear and fun!

Activity aims

The aim of this activity is to:

- Introduce the activity of giant swing and the necessary equipment.
- Allow each participant to experience giant swing.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

Progression opportunities

Some participants may also:

- Take the initiative in evaluating their performance and that of the group.
- Be able to identify and respond appropriately to positive and negative peer influence.
- Be able to assess risks and understand how these may be controlled.

In addition, participants should also have developed in the following:

- Interpersonal Communication
- Teamwork

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Being able to recognise how joint decisions can be made, and identify opportunities to support friends in decision-making and demanding situations.
- An understanding of associated hazards and will understand how these can be controlled, including the use of personal protective equipment.
- Effectively worked as a team supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety

e.g. boundaries, first aid kit, hazard, personal protective equipment, risk assessment, risk, rules, safety.

Words relevant to equipment

e.g. harness, helmet, karabiner, quick release, safety rope, swing harness, winch mechanism.

Words relevant to the activity

e.g. height, speed, stop, trust.

Words relevant to teamwork

e.g. achievement, collaborate, communication, co-operation, encouragement, group, individual, listening, participation, review, support.