



# Pony Trekking

learnlink™

## About the activity

Available at an additional cost, our Pony Trekking course is a gentle introduction for children with limited or no experience of horse-riding. By the end of their ride your pupils may have discovered a new passion! For more confident riders, the pace may include some trotting. Pony trekking is available at Tregoyd House and Llwyn Filly and takes place in the Black Mountains nearby.

## Activity aims

### The aim of this activity is to:

- Introduce the skill of horse riding/pony trekking and the necessary equipment.
- Allow each participant to experience riding and take part in stable management tasks.
- Encourage the participants to set goals.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

## Progression opportunities

### Some participants may also:

- Improve the quality and consistency of their riding technique.
- Take the initiative in evaluating their performance and that of the group.

### In addition, participants should also have developed in the following:

- Interpersonal communication and communication by non-verbal means
- Teamwork
- Using initiative

## Learning outcomes

### Upon completion of the activity, participants will have:

- Demonstrated basic riding technique to ride safely under supervision.
- Discussed relevant issues and skills around general horsemanship, stable management and care of animals.
- Used specialist equipment and PPE, understanding its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- An understanding of associated hazards, be able to assess risks and understand how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Associated vocabulary

<b>Words relevant to safety</b>	e.g. hazard, personal protective equipment, risk assessment, safety area.
<b>Words relevant to equipment</b>	e.g. bridle, reins, saddle, stirrups, harness, riding hat/helmet.
<b>Words relevant to the activity</b>	e.g. walk, trot, grip, seat, posture.
<b>Words relevant to teamwork</b>	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.