



# Street Surfing

learnlink™

## About the activity

It doesn't take long for your pupils to master the art of Street Surfing and experience a great sense of achievement, which is a wonderful confidence booster. Although the equipment and technique are entirely different, street surfing does resemble skateboarding a little. The technique is said to be a combination of snowboarding, skateboarding and surfing and it's increasingly used in training for snowboarders and surfers.

## Activity aims

### The aim of this activity is to:

- Introduce the wave board, safety equipment and how to ride.
- Work in pairs to progress through the balance skills to ride the wave board.
- Ride the wave board without assistance.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.

## Progression opportunities

### Some participants may also:

- Navigate through an adaptable course whilst riding.
- Fluidly manoeuvre the board and perform tricks.
- Participate in games whilst riding.
- Take the initiative in evaluating their individual and peer performance.
- Be able to assess risks and understand how these may be controlled.

### In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

## Learning outcomes

### Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood how to propel the wave board using body movement.
- An understanding of associated hazards.
- Effectively worked in pairs supporting their peers throughout the activity and recognising their achievements.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

## Associated vocabulary

<b>Words relevant to safety</b>	e.g. rules, risk assessment, safety area, safety equipment, protection.
<b>Words relevant to equipment</b>	e.g. helmet, knee/elbow pads, wrist guards, wave board, castors, torsion bar.
<b>Words relevant to the activity</b>	e.g. balance, bail, motion, turning, stopping.
<b>Words relevant to teamwork</b>	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.