



Survivor



About the activity

Once the 'wilderness' scenario is set, your pupils need to develop effective teamwork to build their shelter. Basic navigational skills and meteorological skills help them decide the layout of the site. They will have to identify and share out the key responsibilities for getting each task completed, and communicate well to get the most from the project.

Activity aims

The aim of this activity is to:

- Allow participants to work in small groups to explore the basic principles of survival in scenario-based settings.
- Introduce the survival principle, rule of 3's.
- Understand environmental impact and risks associated with the activity.
- Explore types of structures that will offer protection from different environmental conditions and build one.
- Work in small groups to understand the importance and principles of safe fire lighting in a survival situation.
- Ensure individuals within teams the individual will light small fires using flint, striker and charloth methods.
- Ensure participants work together supporting and encouraging each other.
- Provide an opportunity for participants to discuss what they have accomplished.
- Explore the risks involved in a survival situation and the risks involved with providing themselves with protection.

Progression opportunities

Some participants may also:

- Experience safe survival knife handling.
- Be able to assess risks and understand how these may be controlled.

In addition, participants should also have developed in the following:

- Interpersonal communication
- Teamwork

Learning outcomes

Upon completion of the activity, participants will have:

- Demonstrated the ability to listen to, understand and act on instructions received.
- Understood basic survival principals, including how to prioritise and react to situations.
- Understood methods of protection including shelter and safe fire lighting.
- An understanding of associated hazards.
- Effectively worked in small teams supporting their peers throughout the activity and recognising their achievements through discussion and productivity.
- Contributed to a post activity review led by the instructor identifying what they did well and then suggested ways to improve.

Associated vocabulary

Words relevant to safety	e.g. rules, risk assessment, hazards, consequences.
Words relevant to equipment	e.g. tarpaulin, para cord, Jute, charloth, flint strikers, knife.
Words relevant to the activity	e.g. fire triangle, fuel, protection, environmental impact, priorities, sparks.
Words relevant to teamwork	e.g. achievement, communication, encouragement, listening, participation, review, support, trust.